

SEAA Subpart R Training Video Program Outline

<u>Fall Hazard Training</u>	<u>Controlled Deck Zone Training</u>	<u>Multiple Lift Rigging Training</u>	<u>Connector Training</u>
<p>1. Defining the new Subpart-R OSHA Standard</p> <p>2. Identifying Fall Hazards on the job site</p> <ul style="list-style-type: none"> · Proper ways to get on and off equipment · Proper ways to get on and off trailers · Dangers of shifting loads while unloading · Dangers of slippery surfaces · Tripping hazards · Holes & opening <p>3. Fall Protection Systems used in steel erection; their requirements, installation, maintenance, inspection and removal</p> <ul style="list-style-type: none"> · Personal fall arrest systems · Anchorage point systems · Guard rails and perimeter cables · Safety nets · Horizontal and vertical lifelines · Positioning devices 	<p>1. Defining the new subpart R OSHA Standard</p> <p>2. Identifying CDZ Hazards on the job site</p> <ul style="list-style-type: none"> · Slippery surfaces · Tripping hazards · Holes & openings · The leading edge · Hoisting materials · Joist failures · Personal protective equipment requirements <p>3. CDZ Design & Layout Requirements</p> <ul style="list-style-type: none"> · Size · Perimeter · Access <p>4. Requirements & Procedures for Laying Deck</p> <ul style="list-style-type: none"> · Initial decking · Secured & unsecured deck · Openings & covers · Column gaps · Moving control lines · Fall protection <p>5. Custody of Fall Protection</p>	<p>1. Defining the new subpart R OSHA Standard</p> <p>2. Identifying Multi-lift Hazards on the job site</p> <ul style="list-style-type: none"> · Crushing or amputation injuries on the ground · Rigging failure during hoisting · Power lines · Crane hand signals <p>3. Multi-lift Systems; their requirements, installation, maintenance, inspection and removal</p> <ul style="list-style-type: none"> · Rigging equipment: wire rope slings, hooks & shackles · Clean lay-down area · Cribbing · Storage/staging · Personal protective equipment · Specially designed Multi-lift rigging devices <p>4. Proper Procedures for Multi-lift Rigging</p> <ul style="list-style-type: none"> · Proper planning with beam list · Determining load capacity · Determining weight of a member · Proper crane hand signals · Safety rules for Multi-lift rigging <p>Maximum of 5 members Seven foot rule Wind limits Safe route Member restrictions Crane requirements</p> <ul style="list-style-type: none"> · Marking centerlines · Use of tag line 	<p>1. Defining the new Subpart-R OSHA Standard</p> <p>2. Identifying Hazards for connectors</p> <ul style="list-style-type: none"> · Hazards of slippery surfaces · Tripping hazards · Personal fall protection systems · Sorting · Hoisting · Double connections · Crane hand signals <p>3. Proper Procedures for Connecting</p> <ul style="list-style-type: none"> · Setting columns · Making connections including safety seats & staggered clips · Double connection requirements · Filler beams · Column splices